

# CODE OF CONDUCT

## FOR CLUB COACHES, OFFICIALS AND VOLUNTEERS

The essence of good ethical conduct and practice is summarised below. All Club coaches, officials and volunteers must:

- Consider the well-being and safety of participants before the development of performance
- Develop an appropriate working relationship with performers based on mutual trust and respect
- Hold the appropriate, valid qualification and insurance cover
- Make sure all activities are appropriate to the age, ability and experience of those taking part and ensure all participants are suitable prepared physically and mentally when learning new skills
- Display consistently high standards of behaviour and appearance, dressing suitably and not using inappropriate language at any time whilst involved with club activities
- Always represent the Club in a positive manner, including any social media posts
- Never send/accept friend requests from members on social media. All contact must be through the correct channels via the dedicated Club telephone number or email address
- Never consume alcohol immediately before or during training or events
- Never have performers stay over at your home
- Never exert undue influence over performers to obtain personal benefit or reward
- Always report any incidents, referrals or disclosures immediately, following the appropriate guidelines set out in the BG Child Protection procedures
- Never condone rule violations or use of prohibited substances
- Make sure that confidential information is not divulged unless with the express approval of the individual concerned and in line with Data Protection rules and regulations
- Promote the positive aspects of the sport (e.g. fair play)
- Encourage performers to value their performance and not just results
- Follow the guidelines laid down by BG and Worcester Gymnastics Club

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## FOR PARENTS/GUARDIANS/VISITORS

As parents/guardians of our members, and visitors to our Club, we ask that you:

- Encourage your child to learn the Code of Conduct/rules and participate within them
- Publicly accept officials' judgements, and discourage challenging/arguing with officials
- Never force your child to take part in sport; help them recognise good performance, not just results, and never belittle or punish them for poor performance or making mistakes
- Set a good example by recognising good sportsmanship and applauding the good performances of all
- Always ensure your child is dressed appropriately for the activity and has plenty to drink
- Keep the Club informed if your child is unwell or unable to attend sessions. Members must not return to training within 48 hours of an illness involving sickness and/or upset stomach
- Endeavour to establish good communications with the Club, coaches and officials. Please check the noticeboard and website regularly for letters and information
- Do not communicate with gymnasts during training sessions. Waving, shouting, tapping on the window etc causes a distraction and will compromise their safety
- Filming and taking photographs during training sessions is strictly prohibited. Please speak with a senior team member if you would like to arrange a convenient time to take photographs
- Please ensure we have correct, up to date contact details, and notify us of any changes
- Share any concerns or complaints about any aspect of the Club through the approved channels
- Use correct and proper language, and show respect to others at all times
- Always ensure your child arrives on time for their session
- Always collect your child promptly from the main entrance at the end of their session. Junior members are not permitted to leave the site unless they are accompanied by a known adult
- Support your child's involvement and help them to enjoy their sport
- Pay all fees, club membership and BG membership on time. Your child will be unable to attend any training sessions if their BG insurance lapses
- Please respect our facilities and ensure that you take any litter home with you or place it in one of the bins provided. Should you see any issues please report them to a member of staff
- The Club has adopted the policies of British Gymnastics, which you will find on our website

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## FOR PARTICIPANTS

We are fully committed to safeguarding and promoting the wellbeing of all our members. We believe it is important that all members, coaches, administrators and parents associated with the club should always show respect and understanding for the safety and welfare of others. Our members are always encouraged to be open and share any concerns or complaints that they may have about any aspect of the club.

As a member of Worcester Gymnastics Club, you are expected to abide by the following club rules:

- All members must participate within the rules and respect coaches and judges, and their decisions
- All members must respect fellow club members and opponents
- Members should keep to agreed timings for training and competitions or inform their coach if they are going to be late or absent - members must not return to training within 48 hours of an illness involving sickness and/or upset stomach
- Members must wear suitable attire for training and events. Casual trousers, jeans or baggy clothing can be dangerous as it can catch on apparatus and restrict a coach's ability to support sufficiently. Clothing with zips/hoods may only be worn during warm-up
- All gymnasts should arrive 'session ready' and bring any necessary personal equipment with them (e.g. floor music, hand guards)
- Squad members should wear colour coded leotards/longs for competitions
- Members are advised to bring a drink of water in a 'sports capped' bottle
- Long hair must be tied back
- **All jewellery is prohibited.** Earrings must not come into the gym; they must be taken out before entering and handed to a parent/guardian. For newly pierced ears, tape may be applied prior to entering the gym. Coaches are not permitted to apply tape to any gymnast
- **No mobile phones** are to be taken into the gym
- Members must pay all fees (Club membership, BG membership, event entry) on time
- Members must not smoke, consume alcohol or take drugs of any kind before/during training or whilst representing the club at competitions or events
- Members should treat all equipment with respect and assist with tidying up where necessary
- Members should not go on any piece of equipment unless they have been told to do so. This includes no leaping over or swinging on equipment whilst moving from one piece to another
- Members should respect the personal property of others, and **must not** touch any personal effects that do not belong to them
- Members should inform their coach of any illness or injuries before they begin any warm-up
- Members should not eat or chew gum during any training sessions
- Members must not use inappropriate language
- Members should remain with coaches at the end of their session until collected by a parent/guardian. No-one is permitted to leave the club unaccompanied

Please do not bring any items of value into the gym, as WGC cannot be held accountable for their loss